Please Contact Us



We are located in the community room at Kortright Hills Public School 23 Ptarmigan Drive Guelph, ON NIC 1B5 519.993.5264 kortrighthillsng@gmail.com www.khng.ca

Our Boundaries

North – Downey and Niska Rd from Hanlon to Waterfowl Park - North to Stone Road

East – Hanlon Expressway;

West – City Limits;

South West - City Limits to Downey Rd;

South East – Teal Dr. from Downey to Hanlon.

Visit us on the Web: www.khng.ca

MARK YOUR ALENDARSIL





Week#1 - August 13 - 17, 2018 "Grow! Cook! Eat! Repeat!"

Spend the week learning where our food comes from, how to prepare it and enjoy what you make. Then test your skills the last day by participating in our very own "KHNG Youth Chopped Challenge". *

Week#2 - August 20 - 24, 2018

"Zoo Keeper Week!"

Learn with us about different animals through art, crafts, science, daily special guest, active games outside (when weather permits), movies and much more!*

Monday to Friday 9:00am to 4:00pm Ages 4 - 12 years

*Age appropriate programming provided for both weeks

Kortright Hills Community Room

Contact kortrighthillsng@gmail.com to register Register Early, Limited spaces available!



For more information email kortrighthillsng@gmail.com or call 519.993.5462 or visit www.khng.ca





Welcome!

Thank You!

Informed:

Stay

to you and your family! Please consider joining us for our regular monthly meetings to help plan social & recreational events. A special 'thanks' goes to all of our volunteers and community

If you are new to the Neighbourhood, we extend a warm welcome

partners, 26th Guelph Scouting Group, Kortright Hills Public School and the GNSC. Your support for our neighbourhood is greatly appreciated!

To get email updates of our neighbourhood events delivered right to your inbox, please send your request to <u>khng@bellnet.ca</u>. Also watch for our new A-frame signs telling you that new information is posted on our website.

Summer Trograms!



PHOTO CLUB: Welcomes new members who are interested in digital photography to meet in the community room at Kortright Hills PS the first **Monday of each month at 7:00pm.** Contact Wendy Spicer for more information: spisss@rogers.com. **NOTE MEETING DATES: Monday October 1st, 2018**



SCOUTS: Do you enjoy camping, making new friends, developing leadership skills and much more? If so, the **26th Scout Group** is the group for you. Registration is available in all sections for the 2016/2017 scouting year

Beavers ages 5-7 meet Mondays 6:30-7:30 Cubs ages 8-10 meet Wednesdays 6:30-8:00 Scouts ages 11-14 meet Tuesdays 7:00-8:45 Venturer ages 14-17 meet Mondays 7:00-8:45

The above scouting programs meet at Kortright Hills Public School. Contact 26th Guelph Registrar Leone 519.821.6948 or email: <u>26thguelph@w.scouter.ca</u> for further information.

Action Read Early Literacy Program:

Join us for **free** literacy and numeracy programs! Enjoy story-time, number and language games, songs, rhymes, word play, puzzles, crafts and nutritious snacks. Gain ideas, tips and resources for early literacy activities at home. Caring and nurturing staff, qualified in Early Childhood Education.

Programs operate on a 'first come, first serve' basis in locations throughout Guelph. They are open to parents or caregivers with children aged newborn to 6 years. Register at the program site.

For more information, or to check if a site is full, please call 519-836-2759. KHNG site is Thursdays - Closed for Summer Contact for start date in the September.



WE WELCOME YOUR PARTICIPATION & NEED YOUR HELP

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Can you help us continue to deliver social and recreational programs for our community? In the coming months we are seeking your assistance with:

- * Planning of upcoming events (Youth Nights, Summer Chill Night, KHNG Summer Camp and other events in 2018 etc.)
- * Becoming a leader with 26th Scout Group
- * Volunteering with KHNG

If these or similar opportunities are of interest to you, contact us today at **kortrighthillsng@gmail.com** Your help is needed – call or e-mail us today!!



Mark your calendars to attend KHNG upcoming Events:

KHNG Monthly meeting/social: No Meetings During Summer Months Sept. 2018 Date TBA

Garden Fresh Box Pick Up July 18th, August 15th & September 19th, 2018 (email to order your GFB)

KHNG Annual Summer Chill Night August 8th - 6 - 8 pm

KHNG Summer Camps - 2 weeks August 13th to 17th, 2018 "Grow! Cook! Eat! Repeat!" August 20th to 24th, 2018 "Zoo Keeper Week"

Visit KHNG website for up to date events: www.khng.ca and consider getting involved with YOUR Neighbourhood Group Join us the 3rd Thursday of each month at 7:00 pm in the Community Room!

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REGISTER TODAYI

Learn about fire safety and accident prevention. Meet emergency responders. Check out fire trucks, police cars and ambulances.

DATE	TIME	LOCATION
July 12, 2018 July 26, 2018	6:30-7:45 pm	MARGARET GREENE PARK, 80 WESTWOOD DR.
July 26, 2018	6:30-7:45pm	EXHIBITION PARK (WADING POOL) KATHLEEN ST.
August 9, 2018	6:30-7:45pm	WAVERLEY DRIVE PARK (SPLASH PAD) 140 WAVERLEY DR.
August 23, 2018	6:30-7:45pm	RIVERSIDE PARK (NEAR CAROUSEL), 709 WOOLWICH ST.



KHNG DISCOVERY CLUBS STARTING SEPTEMBER 2018, JOIN US!



FREE SUMMER FUN 2018 Movies In The Square This year's Movies in the Square series offers a variety of family-friendly favourites. Starting at 9 p.m. on select-

I his year's **Movies in the Square** series offers a variety of family-friendly favourites. Starting at 9 p.m. on selected Fridays throughout the summer, families, friends, and movie fans are invited to bring a lawn chair and blankets if it's cool out and cozy up for a drive-in experience minus the car.

The giant screen will show:

July 6th - 9:00-11:00pm - The Lego Movie - Nelson St. - PG

July 20th - 9:00-11:00pm - Cloudy With A Chance of Meatballs - Nelson St. - PG

Aug 10th - 9:00-11:00pm - Ratatouille - Nelson St. - PG

Aug 24th* - 9:00-11:00pm - Finding Nemo - Exhibition Park - PG-13

* Movies showed at Exhibition Park, If rains, the movie will be shown inside Wilson St.

"creating a village in the city"

The Guelph Public Library Bookmobile will be at Kortright Hills Public School (<u>23 Ptarmigan Drive</u>) from 3 - 4 pm on the follow Thursdays during the summer months:

JULY: 13 & 27

AUGUST: 9 & 23

SEPTEMBER: 6 & 20

Guelph Public Library Explore • Connect • Thrive

Books can be requested for pickup on these dates through the library catalogue (<u>http://catalog.guelphpl.ca/polaris/</u>) as well as return books to the bookmobile. Happy Summer Reading!



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Want to Advertise in KHNG Quarterly Newsletter:

KHNG sends an electronic newsletter out four times a year, next issue October 2018. If you wish to advertise your business, a small sponsorship fee will apply. Share your favourite recipe with your neighbors, write an article of interest or if you are a student looking to offer your services (i.e. babysitting, shoveling snow, cutting/raking the lawn) and wish to put your information in our newsletter E-mail kortrighthillsng@gmail.com. This is a great way for Kortright Hills Neighbourhood to come together by sharing thoughts, talents and services available, neighbors helping neighbours.

Kortright Hills Classifieds!!

Community Volunteers Needed!!

26th Guelph Scouting Group

Do you enjoy the outdoors? Do you love to work with children aged 5 to 17? Become a volunteer leader at the 26th Guelph Scouting Group. For further details contact <u>26thguelph@w. scouter.ca</u>

Convert Your VHS to DVD

VHS to DVD conversion service. I'll convert your old VHS, mini DVC tapes and 8 mm tapes to a DVD. Only \$10/tape (up to 2 hours). Contact <u>519-823-8185</u> or <u>DVDtransferGuelph@gmail.com</u>

26th Guelph Scouting Group

Join The Adventure of 26th Guelph Scouting Group

Interested in joining

BEAVERS, CUBS, SCOUTS, VENTURERS...

Register now!!

The 26th Guelph Scouting Group meets at the Kortright Hills Public School gym.

Beavers ages 5-7 meet Mondays 6:30-7:30

Cubs ages 8-10 meet Wednesdays 7:00-8:30

Scouts ages 11-14 meet Tuesdays 7:00-8:45

Venturers ages 14-17 meet Mondays 7:00-9:00

For more details contact Paul

email: 26thguelph@w.scouter.ca

519-821-6948 or



It starts with Scouts.

Contact KHNG:

Web: www.khng.ca Email: kortrighthillsng@gmail.com Phone: 519-993-5264

Elder Care Services

Options 4 Care - Elder Care Coordination Services

Locating elder care can be stressful.... but it doesn't have to be. Determining the next steps for you or a beloved family member can feel uncomfortable or overwhelming. It's challenging to identify what support services may be required to best fit your needs. Let an experienced elder care coordinator help you make a personalized plan of action for the future and locate the resources to make that plan a reality.

Contact Rochelle Horlings Options4care@rogers.com www.options4careplanning.com

519-362-3176

Kortright Hills Neighbourhood Opportunities

KHNG Community Room

Are you looking for a place to hold a community meeting, start a club, provide a workshop or have an idea for adult or children programs? Would you like to share your time/ideas with the neighbourhood. Call or email KHNG to find our more information or book the community room.

KHNG Electronic Mailing List

Join KHNG mailing list to receive newsletters/posters of recreational and social events within your neighbourhood. Tell your friends and neighbours, call or email Leone to add your email to our electronic list.

Kortright Hills Summer Camp Leaders In Training

What is Leaders in Training (LIT)? A great opportunity for high school students to gain valuable experience working with youth all while having fun at a KHNG summer camp.

When and Where? Kortright Hills Neighbourhood Group Summer Camp. Located at Kortright hills Public School, this two week camp runs from August 13th to August 24h 9am to 4pm. Sign up for both weeks, or just one!

What Do You Do? Participate in summer camp activities and assist running games as needed. Daily break game creation, leader-ship skills and team building.

What Do You Get? Your 40 hours of community service in just one week! As well as camp t-shirt, training for future summer jobs and two weeks of fun! For more information or to sign up email: kortrighthillsng@gmail.com



Want to Advertise in KHNG Quarterly Newsletter:

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Kortright Hills Classifieds Continued!!

Community Room Available!!

Do you have an idea for an:

Event

Program

Social

that may interest others in the Kortright Hills Neighbourhood?

Ask KHNG about using the community room!

Call Leone 519.993.5264 or e-mail: kortrighthillsng@gmail.com

Contact KHNG: www.khng.ca * kortrighthillsng@gmail.com * 519-993-5264



SUMMER CAMP AT The Making-Box!

ONE WEEK IMPROV CAMPS: <u>AGES 6-9:</u> JULY 3 - 6 & JULY 16 -20 <u>AGES 10-13:</u> JULY 9 - 13 & JULY 23 -27

LEARN MORE & REGISTER: www.themakingbox.ca Want to Advertise in KHNG Newsletter

KHNG Newsletters January, April, July and October 2018

Sponsorship Suggested Rate Scale:

Full page ad, graphics, logo and border\$100.00 for Newsletter\$50.00 for WebsiteHalf page ad, graphics, logo and border\$50.00 for Newsletter\$25.00 for WebsiteQuarter page ad, graphics, logo and border\$25.00 for Newsletter\$15 for WebsiteBusiness card size, graphic, logo and border\$15.00 for Newsletter\$10.00 for WebsiteSmall word ad, max 15 words, No graphics, FREENewsletter advertising helps fund KHNG eventsAdvertise in our next newsletter October 2018!!

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Youth In Policing Kortright Hills -Your Neighbourhood Group Initiative NOW ACCEPTING APPLICATIONS FOR "creating a village in the city" **SUMMER 2018 COLOUR ME!!** POLICE SERVICE Must be a resident within the City of Guelph Must be aged 15-18 Must be **returning to school** in September 2018 Gain exposure to the career of policing & Strongly contribute to the work environment through diverse, educational & meaningful work assignments have the opportunity **Full-time paid** to interact with many position Gain experience to further **develop** our **leadership skills** Become CPR and different sectors of the offering competitive **First Aid certified** police service wages and great (Canine, networking Communications, opportunities Traffic & Tactical Unit) **GUELPH** http://bit.do/yipi **POLICE SERVICE** OR Mail application package to: April 22, 2018 Submit your application, 15 Wyndham St S, Guelph ON, N1H 4C6 resume & cover letter Attn: Sat Angela Grover PRIDE SERVICE C TRUST **CONNECT WITH OFFICER KYLE ON TWITTER & INSTAGRAM** @ConstableKGrant #GuelphYIPI O Seasonal Safety Tips

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July:

Make sure you buckle up and obey the rules of the road. Please remember to use fireworks responsibly this month

August:

It's hot out there, make sure you lock your vehicles and homes at night to prevent thefts.

September:

School's back in, may sure you stop for school buses and watch out for students walking to and from school.

Other tips can be found on the Guelph Police Services website: http://www.guelphpolice.com



Kortright Hills Recipe Corner!!





"creating a village in the city"

Lemonade-Mint Iced Tea



Ingredients:

3 tablespoons crushed fresh mint leaves 1 quart boiling water

- 1/2 cup instant iced tea powder
- 1 cup white sugar
- 2 quarts cold water
- 1 (6 ounce) can frozen lemonade concentrate, thawed

Directions:

In a 1 gallon pitcher, combine the mint leaves, 1 quart of boiling water, instant tea powder and sugar. Stir to dissolve sugar. Let stand for 15 minutes.

Stir in the cold water and lemonade concentrate. Serve in tall glasses over ice. Strain out mint leaves, if desired.

Creamy Dill Cucumber Toasties



Ingredients:

- 1 (8 ounce) package cream cheese, softened
- 1 (.7 ounce) package dry Italian-style salad dressing mix 1/2 cup mayonnaise
- 1 French baguette, cut into 1/2 inch thick circles
- 1 cucumber, sliced
- 2 teaspoons dried dill weed

Directions:

In a medium bowl, mix together cream cheese, dressing mix and mayonnaise.

Spread a thin layer of the cream cheese mixture on a slice of bread, and top with a slice of cucumber. Sprinkle with dill. Repeat with remaining ingredients.

Ingredients:

3 tablespoons lime juice 1 cup sliced red onion, cut lengthwise 15 cups cubed watermelon 3 cups cubed English cucumber 1 (8 ounce) package feta cheese, crumbled 1/2 cup chopped fresh cilantro cracked black pepper sea salt

Directions:

In a small bowl, pour lime juice over red onions. Allow to marinate while assembling the salad.

Gently combine the watermelon, cucumber, feta cheese, and cilantro in a large bowl. Season with black pepper. Toss watermelon salad with marinated onions and season with sea salt just before serving.

Refreshing Watermelon Salad

Grilled Asparagus



Ingredients:

1 pound fresh asparagus spears, trimmed 1 tablespoon olive oil salt and pepper to taste

Directions: Preheat grill for high heat.

Lightly coat the asparagus spears with olive oil. Season with salt and pepper to taste.

Grill over high heat for 2 to 3 minutes, or to desired tenderness.





Kortright Hills Recipe Corner!!





Lemon Dijon Wings

Ingredients:

1/4 cup olive oil

- 1 tablespoon fresh lemon juice
- 2 tablespoons
- coarse-grained Dijon mustard
- 6 cloves garlic, chopped
- 2 teaspoons salt
- 1 tablespoon freshly ground black pepper
- 2 pounds chicken wings, separated at joints, tips discarded

Directions:

In a large bowl, stir together the olive oil, lemon juice, mustard, garlic, salt, and pepper. Add chicken wings, cover, and marinate in the refrigerator for at least 2 hours, stirring occasionally.

Preheat grill for high heat. Drain marinade from chicken into a small saucepan. Bring to a boil, and simmer for 5 minutes. Set aside for basting.

Lightly oil the grill grate. Grill wings for 10 to 15 minutes, or until juices run clear. Turn frequently and baste with the marinade during the last 5 minutes.

BBQ Potato Roast

Ingredients:

10 potatoes, peeled and halved 1/2 cup vegetable oil 2 tablespoons seasoned salt

Directions: Preheat grill for high heat.



Place potatoes in a large saucepan with enough lightly salted water to cover. Bring to a boil. Cook 15 minutes, or until tender but firm.

Drain potatoes, and pat dry. Coat thoroughly with vegetable oil and seasoned salt.

Place potatoes on the preheated grill. Cook approximately 20 minutes, turning periodically.



Old Fashioned Peach Cobbler

3 tablespoons white sugar

1/4 cup lemon juice

1 tablespoon cornstarch

2 cups white sugar

1 egg

Ingredients:

- 2 1/2 cups all-purpose flour
- 1 cup shortening
- 3 pounds peaches peeled, pitted & sliced
- 1/2 cup butter
- 1 teaspoon ground cinnamon
- 1 tablespoon butter, melted

Directions:

In a medium bowl, sift together the flour, 3 tablespoons sugar, and salt. Work in the shortening with a pastry blender until the mixture resembles coarse crumbs. In a small bowl, whisk together the egg and cold water. Sprinkle over flour mixture, and work with hands to form dough into a ball. Chill 30 minutes.

Preheat oven to 350 degrees F (175 degrees C). Roll out half of dough to 1/8 inch thickness. Place in a 9x13 inch baking dish, covering bottom and halfway up sides. Bake for 20 minutes, or until golden brown.

In a large saucepan, mix the peaches, lemon juice, and orange juice. Add 1/2 cup butter, and cook over medium-low heat until butter is melted. In a mixing bowl, stir together 2 cups sugar, nutmeg, cinnamon, and cornstarch; mix into peach mixture. Remove from heat, and pour into baked crust.

Roll remaining dough to a thickness of 1/4 inch. Cut into half-inch-wide strips. Weave strips into a lattice over peaches. Sprinkle with 1 tablespoon sugar, and drizzle with 1 tablespoon melted butter.

Bake in preheated oven for 35 to 40 minutes, or until top crust is golden brown.

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1 teaspoon salt 1/4 cup cold water 3/4 c orange juice 1/2 tsp ground nutmeg 1 tablespoon white sugar

